

**INDIVIDUALLY
DESIGNED
OPTIMUM DOSING
STRATEGIES**

User Manual

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Introduction

Individually Designed Optimum Dosing Strategies (ID – ODSTM; <http://www.optimum-dosing-strategies.org/>) is a therapeutic drug monitoring and simulation tool powered by the R[®] software (version 3.3.0; Institute for Statistics and Mathematics [<http://www.r-project.org/>]). Based on patient demographic information readily available at the bedside, ID – ODSTM incorporates Monte Carlo simulation and inverse Bayesian modeling into the design of personalized dosing regimens. Drug concentration-time profiles are simulated using Monte Carlo simulation and inverse modeling based on linear 1 and 2-compartment intravenous or oral infusion models written in the R[®] language using the published, validated population pharmacokinetic parameter values and respective inter-individual variability.

Citing ID-ODSTM

App: ID-ODSTM. (2017). Optimum Dosing Strategies (Version 0.1.18/9500) [Mobile application software]. Retrieved from <https://play.google.com/>

Desktop: ID-ODSTM. (2017) Optimum Dosing Strategies (Version 1.3.0) Retrieved June 02, 2017, from <http://www.optimum-dosing-strategies.org/>

Web: in text of document as: <http://www.optimum-dosing-strategies.org/id-ods/>

ID-ODS Disclaimer

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System Requirements and Installation

Individually Designed Optimum Dosing Strategies (ID-ODS™) is available in a number of different channels, and more to come.

The Android mobile app is distributed via the Google Play Store at <https://play.google.com/store/apps/details?id=com.idods.adult> and can be installed on any Android device starting from Android version 2.1, so available on any modern Android phone or tablet (purchased after 2010).

Our desktop application can run on any recent 32- or 64-bit Windows operating system, and is available to download from the [ID-ODS™ website](#). Mac and Linux support is available on demand. Please make sure to review the short installation guide posted on the website.

The Web Application runs in our hosted environment and accessible from mobile or desktop devices via any standard web browser. **Google Chrome or Mozilla Firefox with HTML5 and CSS3 support are recommended.**

The platform is also available as a service, via a HTTPS API, so can be integrated in any online application as a back-end. On-site installation on a Linux box or as a Docker container is also available on request.

Getting Help and Updates

The Android Mobile Application is distributed via the Google Play Store, which also handles version updates and deployment as per customer settings. This means that the most recent version of the app will be downloaded and installed on the devices automatically after new releases or as per user configuration (eg. updates can be automatically installed or just downloaded).

The web application is updated by the ID-ODS™ team in our hosted environment, so thus always runs the most recent version of the ID-ODS™ platform.

You can install the most recent version of the desktop application [from our homepage](#). Please subscribe to our newsletters to get notified about new versions.

On-site installation updates are available as per support plan.

ID-ODSTM Components

Monte Carlo Simulation

A Monte Carlo simulation is a mathematical model developed in the early 1940s to produce scenarios that require the generation of random numbers. It has many applications in physics, finance and business, and artificial intelligence. In the setting of antibiotic therapy, Monte Carlo simulations can combine pharmacokinetic and microbiological data to predict the likelihood an antimicrobial regimen will achieve a therapeutic target. This is called the probability of target attainment (PTA) where the target to be achieved is an optimal pharmacodynamic parameter for bacterial killing when considering only MICs of single values versus it is called Cumulative Fraction of Response (CFR) when considering an entire population of microorganisms. This technique is often useful in instances where the option of therapeutic drug monitoring is not available for certain antimicrobial agent.

Inverse Bayesian modeling

The selection of antibiotic dosage regimen in the absence of measured concentrations (ie., a priori dosing) is based on estimates of the patient's pharmacokinetic parameters adjusted for patient covariates or known demographics (ie., weight, age, sex, serum creatinine). During inverse modelling, the use of measured drug levels (ie. a posteriori dosing) is to estimate the patient's pharmacokinetic parameters from the measured antibiotic concentrations with relying on the population model. This Bayesian approach incorporates both sets of data (ie: the actual measured concentration and the population pharmacokinetic model) for estimating the patient specific pharmacokinetic parameters. It uses the a priori pharmacokinetic parameters of the population model as some starting estimate for the patient; it then adjusts these estimates based on the patient's measured antibiotic levels, taking into consideration the inter-individual variability of the population parameters and the variability of the serum level measurement. During the procedure, the serum level data is interpreted by incorporating both the variability of the population model and the variability of the serum level measurement itself. Bayes' theorem tells us quantitatively just how important every piece of information is, however it is not always able to tell whether a piece of information is relevant to the actual patient care.

General overview of the a priori dosing and the Bayesian user interface using the Aminoglycosides example on an Android device

I. User Interface and data input

The figure consists of four screenshots of an Android application interface, arranged in a 2x2 grid. Red arrows point from yellow text boxes to specific UI elements in the screenshots.

- Top-left screenshot:** Shows the 'ID-ODS' screen with a list of drugs. 'Aminoglycosides' is highlighted. A red arrow points from the first text box to this item.
- Top-right screenshot:** Shows the 'Aminoglycosides' screen with a list of methods. 'Bayesian Dose Individualization' is highlighted. A red arrow points from the second text box to this item.
- Bottom-left screenshot:** Shows the patient data entry screen. A 'Select Patient' dialog box is open, showing 'Anonymous' as the selected patient. A red arrow points from the third text box to the 'New Patient' button in the dialog.
- Bottom-right screenshot:** Shows the patient data entry screen with various fields filled out (Age: 63, Height: 170, Weight: 60, Gender: Male, Drug: Gentamicin, Creatinine: 0.3 mg/dL, Vd Correct: Not Applicable, Indication: Extended Interval Dosing, Patient ID: Anonymous). A red arrow points from the fourth text box to the 'Settings' button in the top right corner.

Text Box 1 (Top): User will select "Aminoglycosides" from the list of available antibiotics. Once selected, the option of selecting "Empiric Dosing" and "Bayesian Dose Individualization" is displayed.

Text Box 2 (Middle): List of previous analysis specific to the drug will display allowing for a quick retrieval of historical information. User may delete entry by clicking on the "X" button or add new entry by clicking on "New Patient".

Text Box 3 (Bottom): After making the selection, the demographic and laboratory information entry interface will display. User may click/tap on the small "i" icons to gain valuable information about the drug modeling process or data entry requirements. The target concentrations for analysis may be edited by clicking on the "Settings" button. The analysis will begin by clicking on the "Submit" button.

AT&T 9:00 AM

Aminoglycosides

Enter target concentrations (mg/L):

Drug	Indication	Peak	Trough
Amikacin	Synergy	27	7
Tobramycin	Synergy	4.3	0.5
Gentamicin	Synergy	4.3	0.5
Amikacin	UTI	27	7
Tobramycin	UTI	7.3	1
Gentamicin	UTI	7.3	1
Amikacin	Pneumonia	32	7
Tobramycin	Pneumonia	9.3	1
Gentamicin	Pneumonia	9.3	1
Amikacin	SSTI	27	7
Tobramycin	SSTI	7.3	1

Under "Settings" the user may change target peak and trough concentrations, and must click "Save" in order to ensure the new target will be applied in future analysis. Once clicked on "Submit", the spinning wheel will turn until the results become available for display. The time it takes to generate a report will depend on the length of time during which the concentrations will be analyzed where longer time span will take longer to analyze.

AT&T 9:01 AM

Back Result

MINIMUM DOSING STRATEGIES



Taking you one step closer to personalized medicine™

AT&T 9:03 AM

Back Aminoglycosides Settings

BSV Normal

Creatinine

05/06/2017 10:27 0.6 mg/dL

Remove New

Dosing

05/05/2017 16:15 100 mg 0.5 h

Remove New

Levels

05/05/2017 17:10 3 mg/dL

Remove New

Indication G+ Synergy

AT&T 9:04 AM

MyDose

Enter revised dosing regimen:

Dose 500 mg

Interval 36 hours

L.O.I. 0.5 hours

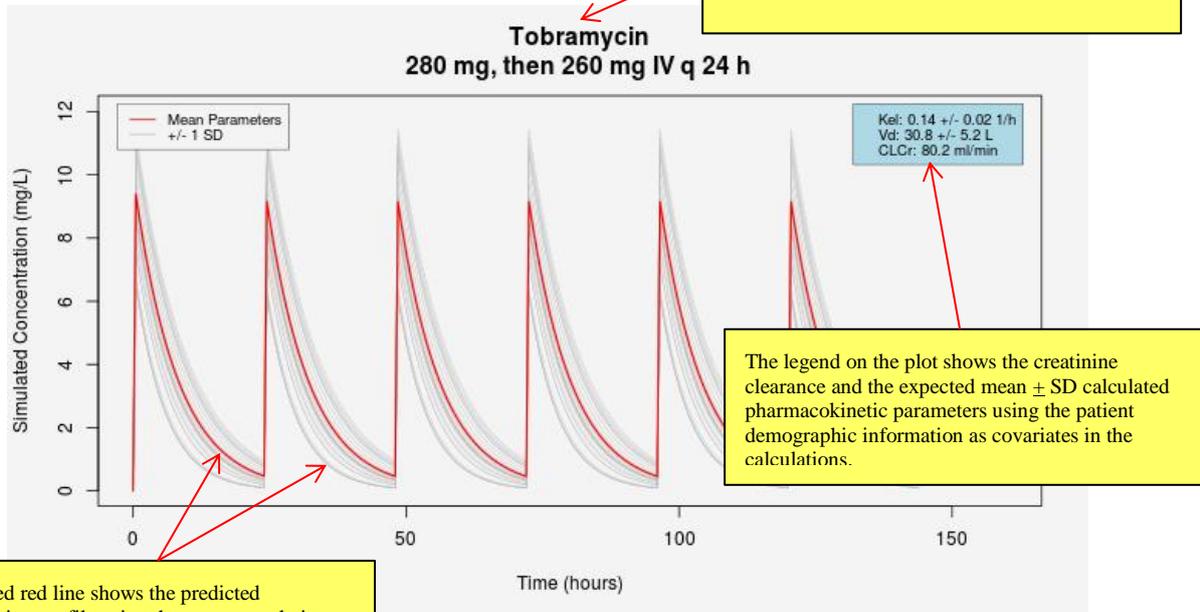
Cancel

Submit

The Bayesian analysis interface provides input fields for relevant laboratory and dosing information. To add an event, the user would click on the "New" button, while to remove an event would click on the "Remove" button. If the user wishes to evaluate a regimen different from the one suggested by the application based on the target levels specified, the user may click on the "MyDose" button in the results display window and enter a custom regimen to be analyzed.

II. Output plots

A. A – priori dosing

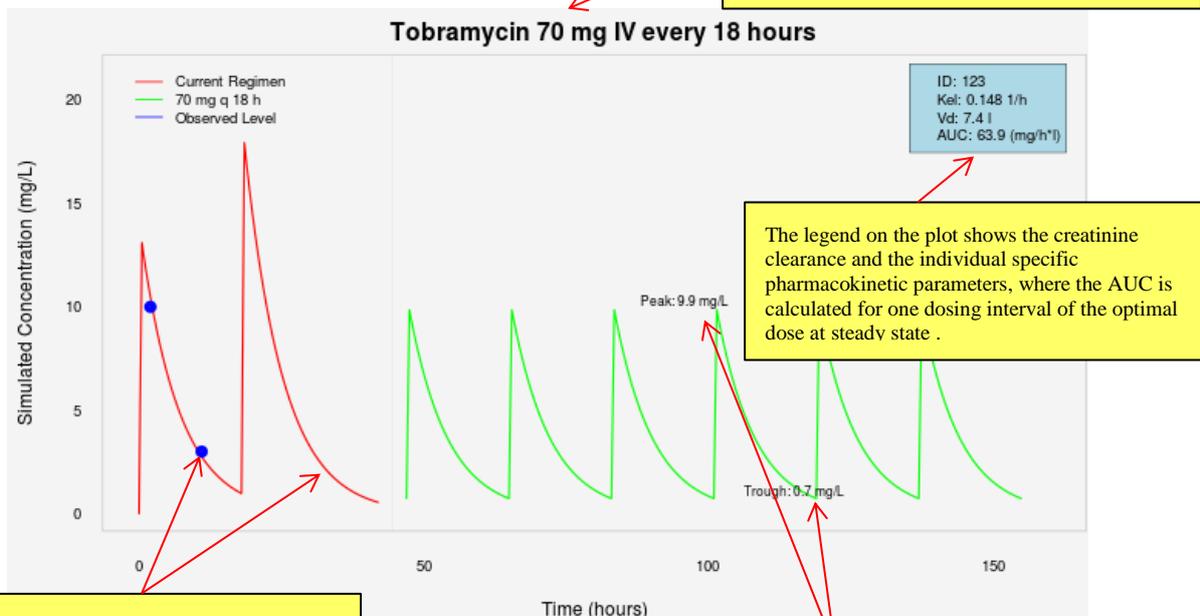


The plot title displays the calculated drug's name, the loading dose, and the subsequent maintenance dose, followed by the dosing interval.

The legend on the plot shows the creatinine clearance and the expected mean \pm SD calculated pharmacokinetic parameters using the patient demographic information as covariates in the calculations.

The plotted red line shows the predicted concentration profile using the mean population parameter value, versus the grey lines shows the simulated concentrations using the population parameters in \pm SD interval.

B. Inverse Bayesian modeling



The plot title displays the calculated drug's name, the optimal dose (rounded), followed by the optimal dosing interval designed to achieve the target concentrations. The calculation is based on the assumption of steady state.

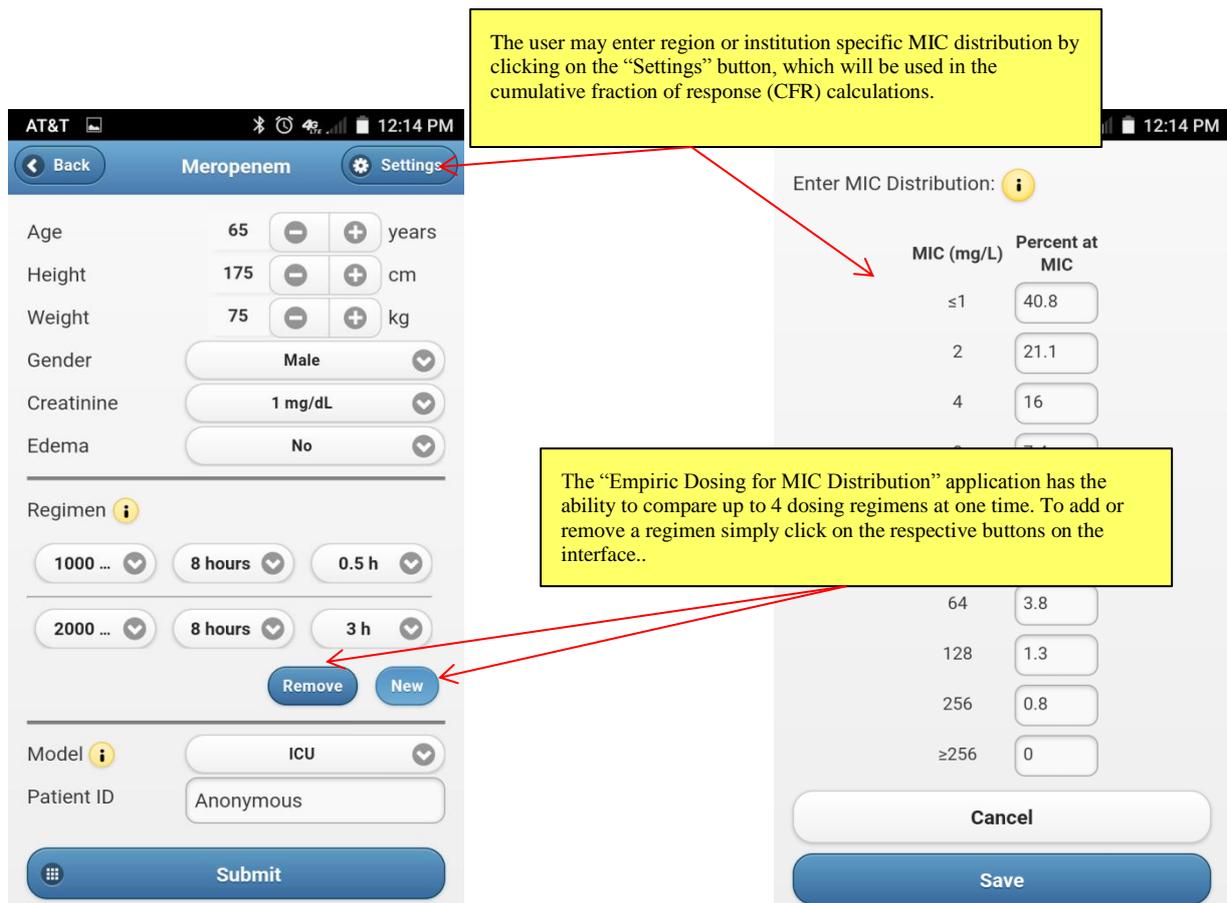
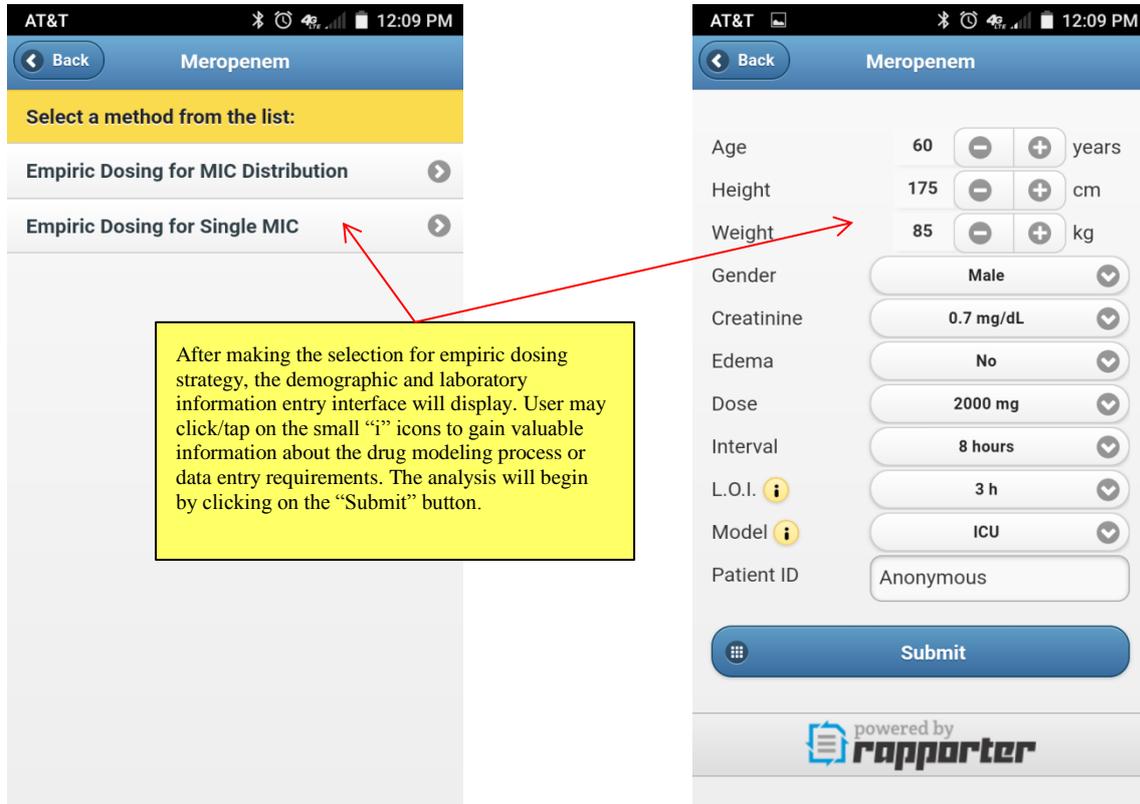
The legend on the plot shows the creatinine clearance and the individual specific pharmacokinetic parameters, where the AUC is calculated for one dosing interval of the optimal dose at steady state .

The plotted red line shows the predicted concentration - time profile using the individual pharmacokinetic parameter values established by fitting the measured concentrations (blue dots) with the Bayesian system.

The plot also displays expected peak and trough levels associated with the optimal dosing regimen.

General overview of the Monte Carlo Simulation user interface using the Meropenem example on an Android device

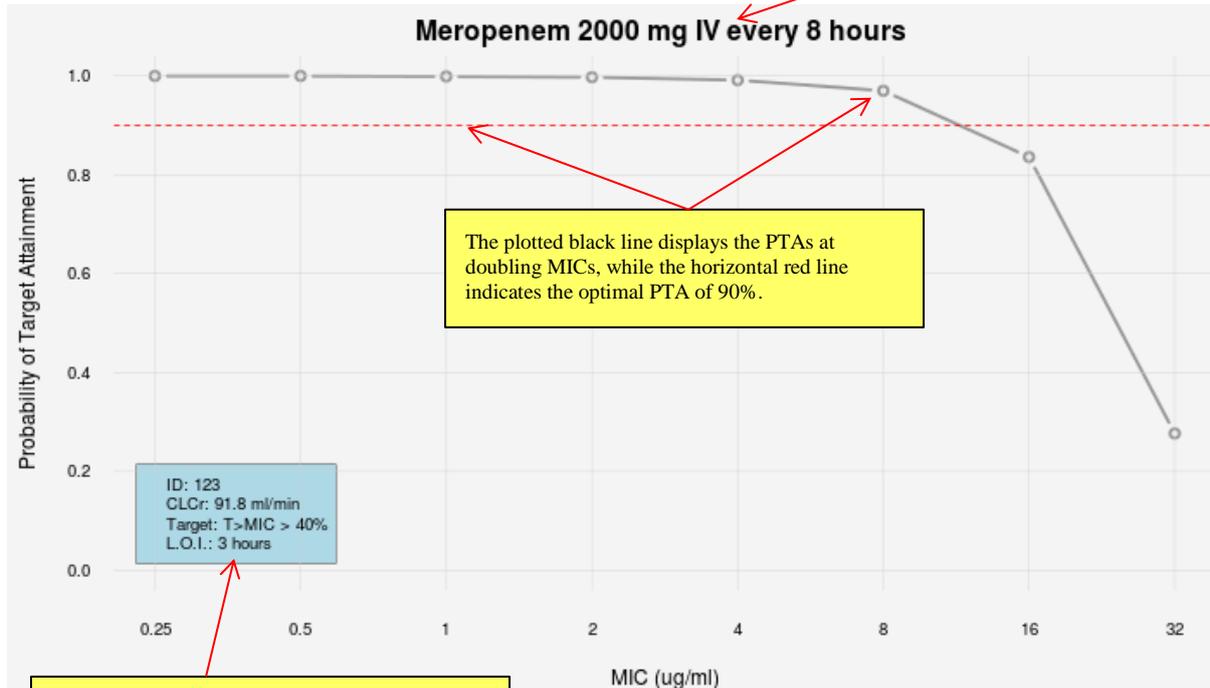
I. User Interface and data input



II. Output plots

The plot title displays the simulated drug's name, the dose, followed by the dosing interval.

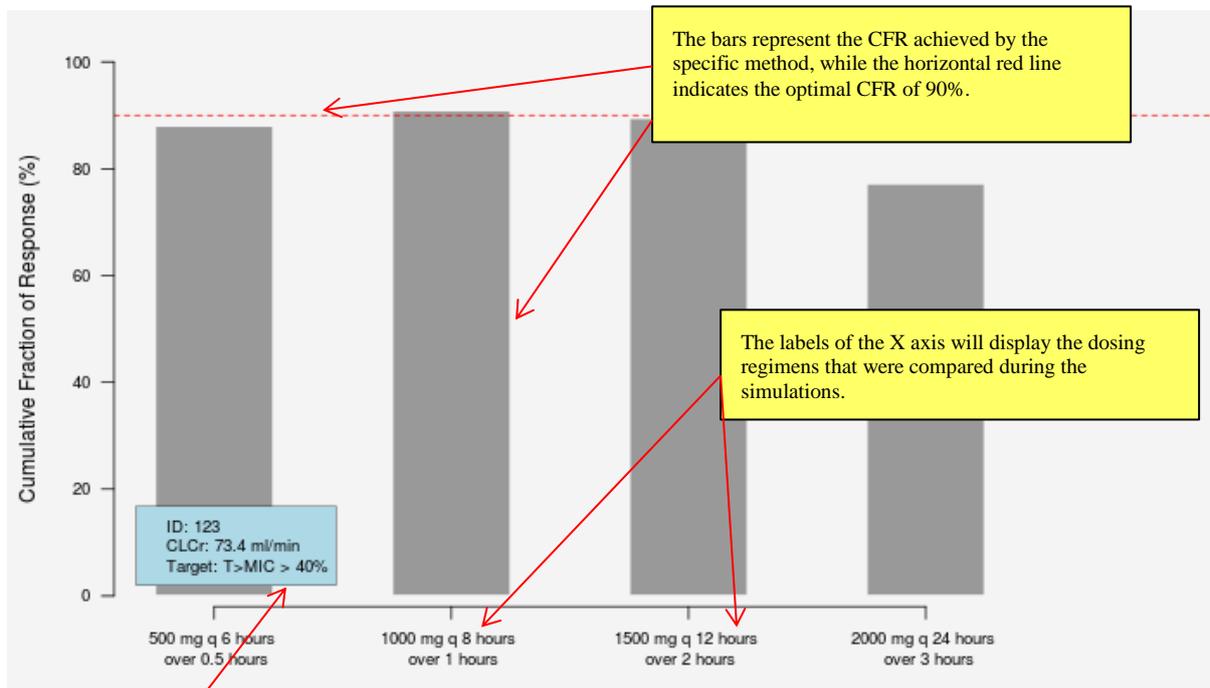
A. Probability of target Attainment (PTA) plots



The plotted black line displays the PTAs at doubling MICs, while the horizontal red line indicates the optimal PTA of 90%.

The legend of the plot contains the ID number, estimated creatinine clearance, the pharmacodynamics target index and the length of infusion (L.O.I.) applied during the simulations

B. Cumulative Fraction of Response (CFR) plots

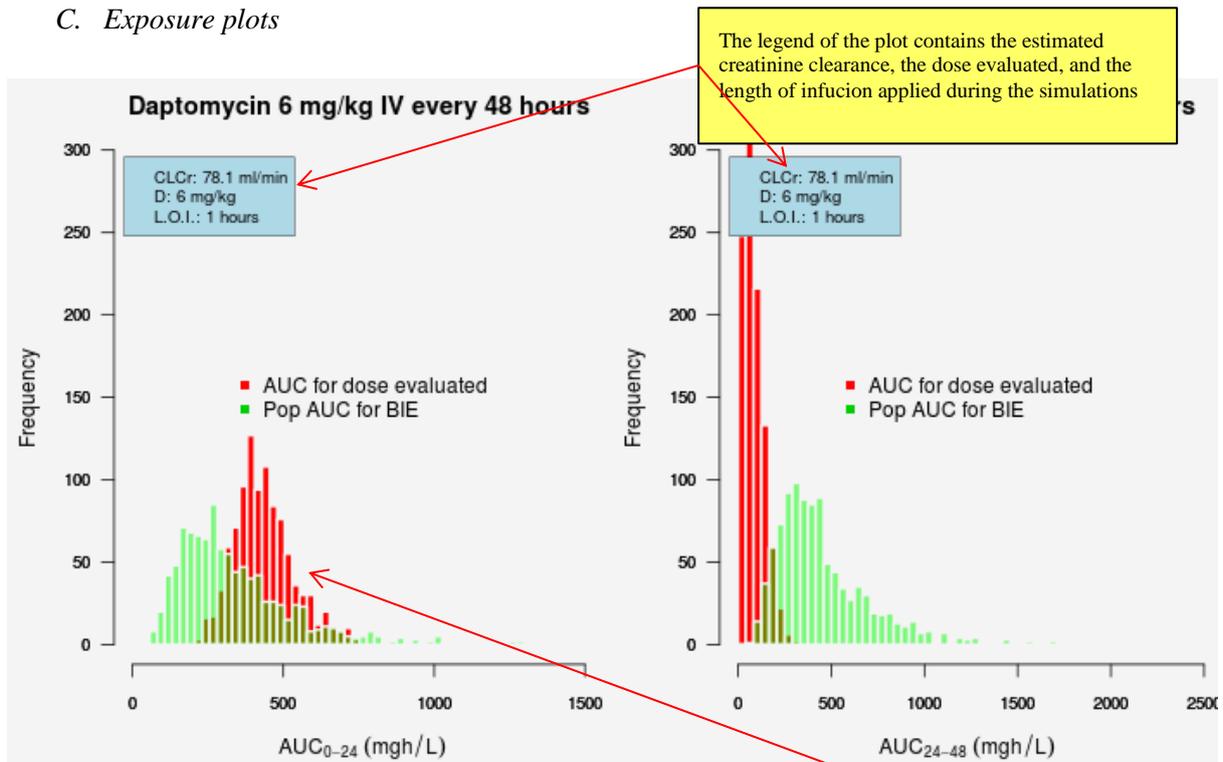


The bars represent the CFR achieved by the specific method, while the horizontal red line indicates the optimal CFR of 90%.

The labels of the X axis will display the dosing regimens that were compared during the simulations.

The legend of the plot contains the ID number, estimated creatinine clearance, and the pharmacodynamics target index applied during the simulations

C. Exposure plots



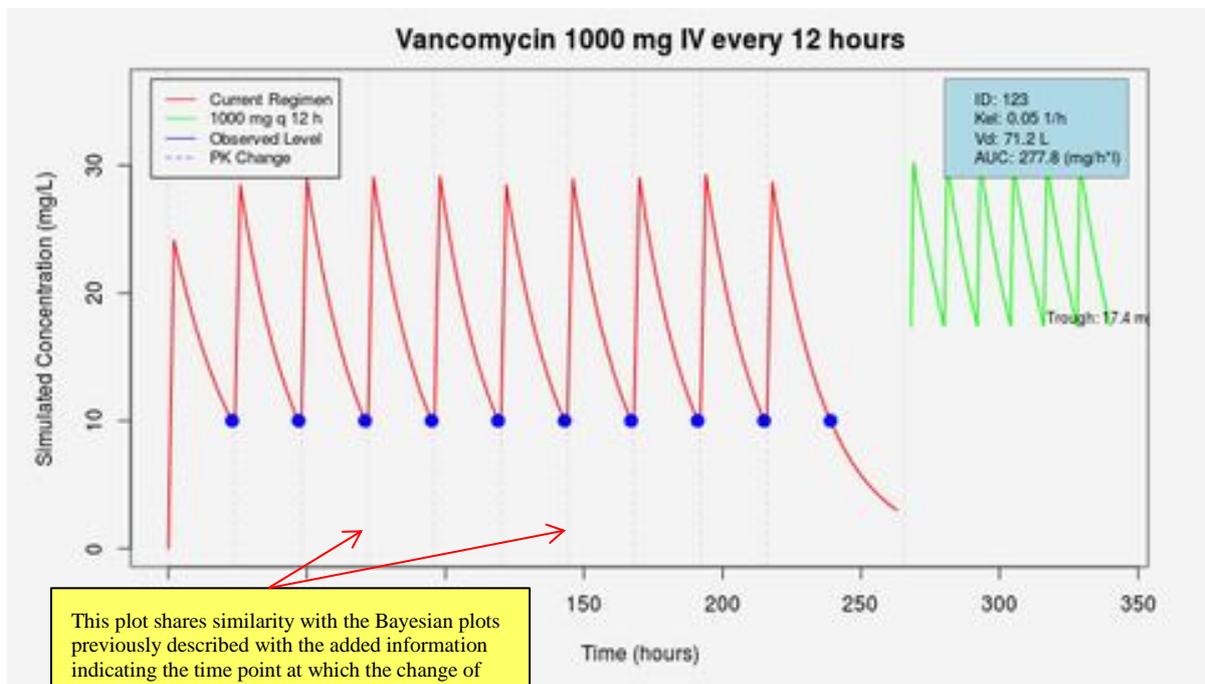
The bi-color histogram shows the distribution of the pharmacokinetic parameter of interest comparatively for the dose evaluated (red) versus the reference distribution (green), where optimal exposure would be represented by a perfect overlap of the histograms. 48h intervals will provide AUCs for the first and second 24 h portions.

D. Detailed pharmacokinetic and pharmacodynamics analysis report

PATIENT ID	DOB	MR NUMBER	WARD	ROOM	PROVIDER ID
123	01/01/67	123456	MICU	2	MD-1
Age (years)	Height (cm)	Weight (kg)	Sex	CICr (ml/min)	
65	175	85	M	73.4	

Detailed PKPD analysis reports show patient demographic and institution specific information suitable for inclusion in the medical record.

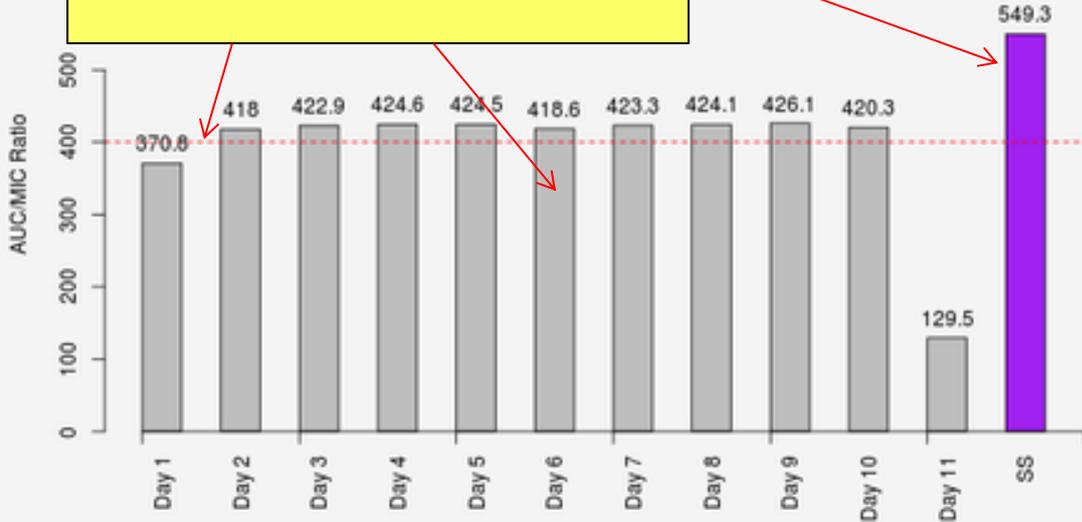
1. Patient Demographics



This plot shares similarity with the Bayesian plots previously described with the added information indicating the time point at which the change of PK parameters is permitted, indicated by the light dotted purple lines.

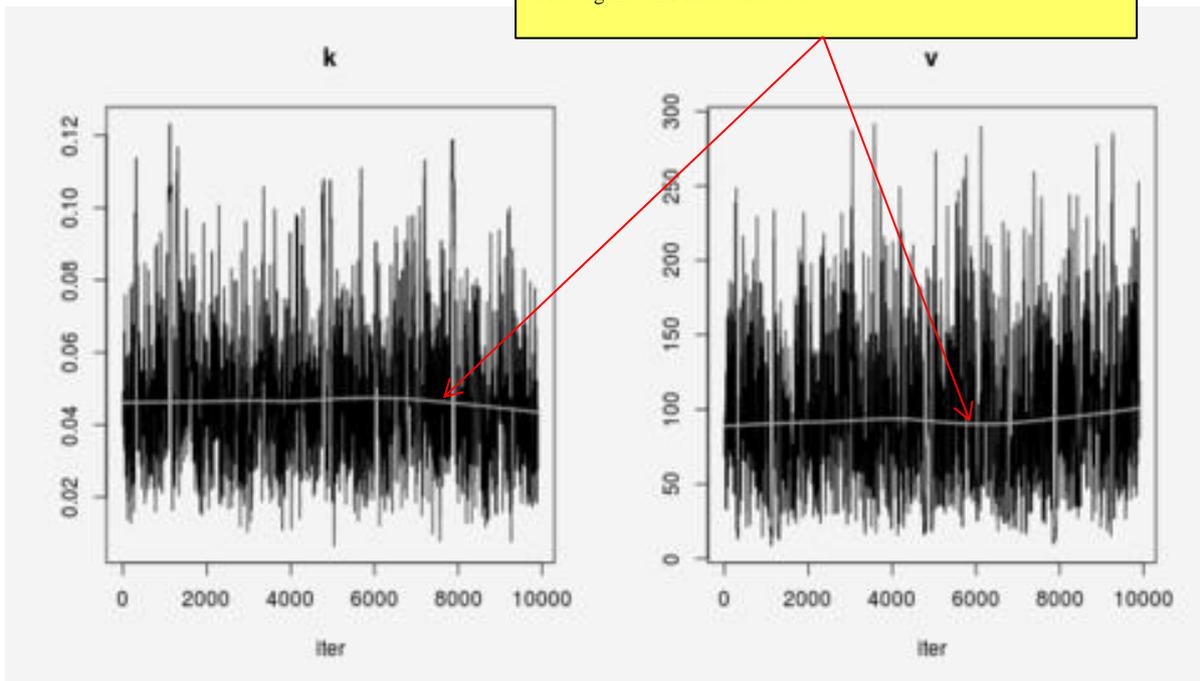
2. Plot of Predicted and Observed Concentrations

The third plot shows the breakdown of the magnitude of the pharmacodynamics index achieved with the red line indicating the target PKPD index, the grey bars indicating the actual magnitude of the PKPD index achieved versus the purple bar will indicate the predicted magnitude expected to be achieved by the calculated steady state regimen indicated in the title of the Bayesian plot.

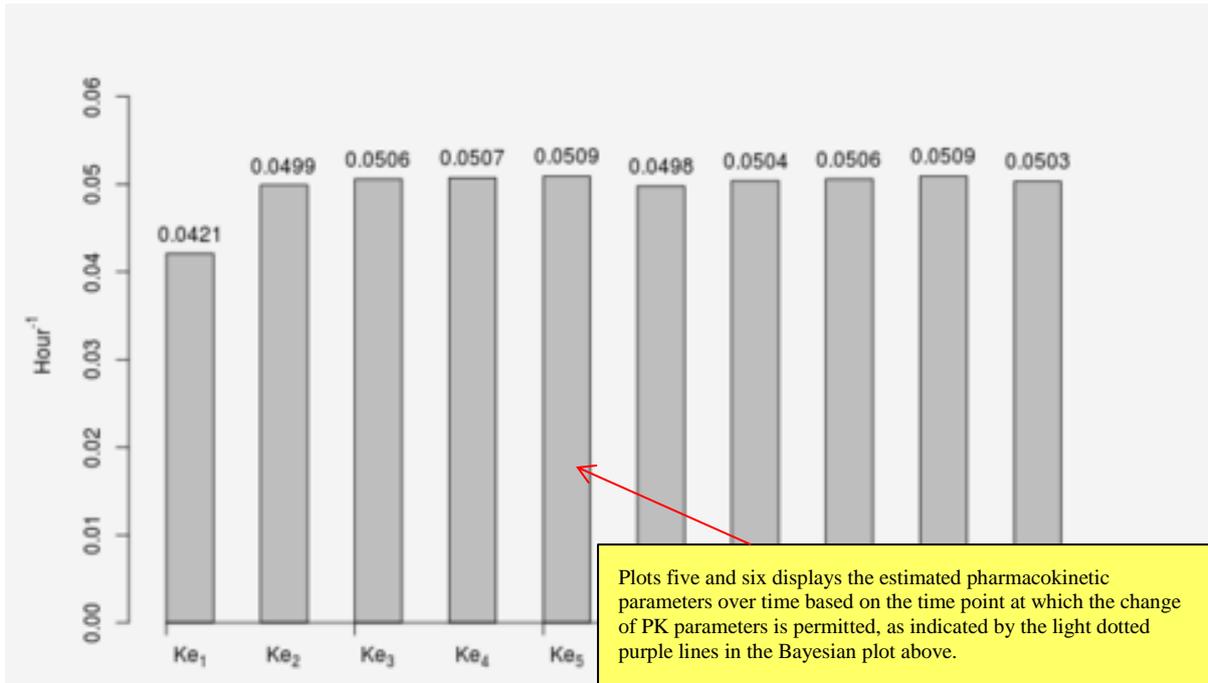


3. Plot of Daily AUC/MIC Ratios

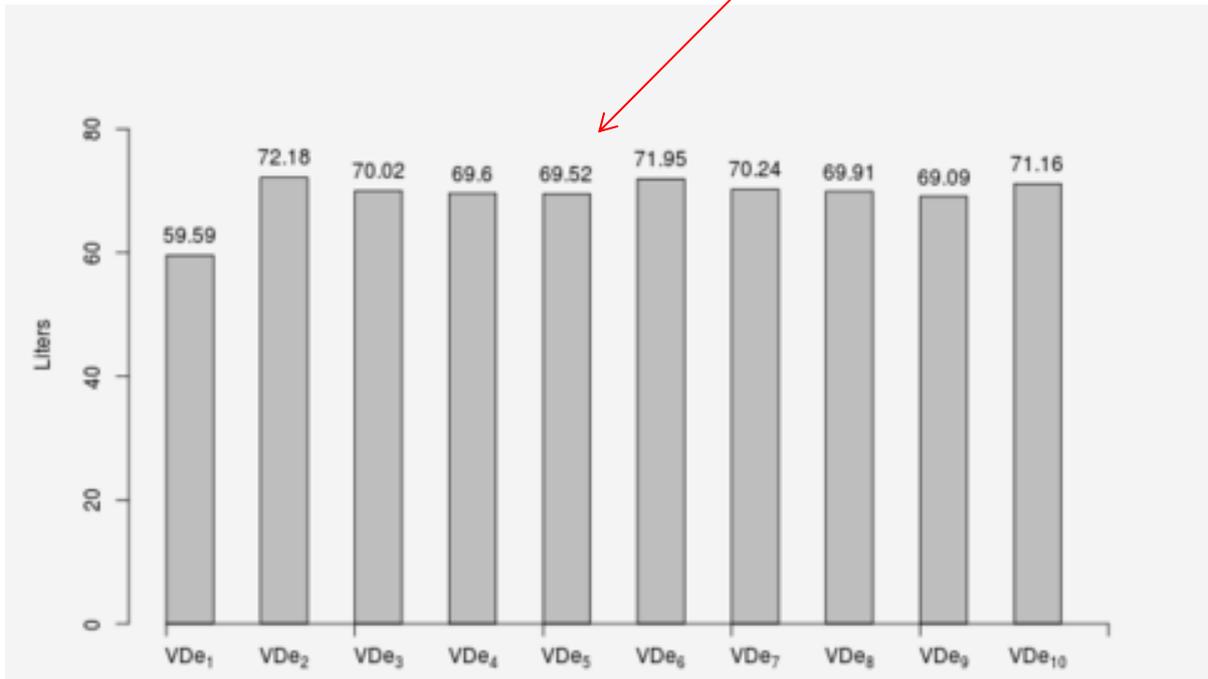
The fourth plot shows the convergence plots of the Markov chains, where a nearly horizontal grey line indicates reasonable convergence has been achieved..



4. Parameter Convergence Plots



5. Plot of Individual Elimination Rate Constants



6. Plot of Individual Volume of Distributions

General Workflow

The ID-ODS™ applications are powered by a cloud-based Application Programming Interface, built on Ruby on Rails and the R statistical programming language and software environment. In practice, the ID-ODS™ applications send the user-initialized modeling requests to the ID-ODS™ servers via encrypted (HTTPS) channel, then the servers evaluate the statistical models and computations, and return the results to the ID-ODS™ applications to render to the user. This centralized workflow provides a high-performant computing environment for the consumers available from any devices, with the advantage of optionally syncing user data between those automatically. A high-level overview on the infrastructure is as follows (see figure below): The user-specified parameters from the ID-ODS™ application [1] are passed to ID-ODS™ website [2], which seamlessly transmits the model parameters to the ID-ODS™ API over a secure channel for evaluation. The channel is backed up by a content delivery network [3] that is also speeding up connection besides making it possible to provide high availability for the ID-ODS™ users. The cluster of webservers [4] processes the queries and reads the required models and programs to memory from the distributed system of databases [5] to be passed along to the R [6] workers. The computations are run in a secured and stateless R environment so that no sensitive information would be stored for future R sessions. The statistical tasks can use any of the numerous, currently more than 10,000 user contributed packages found on CRAN, and the templates can call even GRASS for spatial analysis or OpenBUGS [7] as a Bayesian interface. The results are returned in Pandoc's markdown format [8] that could be transformed to any popular document format – along with the generated plots in the analysis.



Drug models

ID – ODS™ system utilizes peer reviewed, published pharmacokinetic models in the calculation of drug specific kinetic and dynamic indices. The list of antibiotics and respective pharmacokinetic models coded in the application are as follows:

1. *Aminoglycosides*

Pai MP, Nafziger AN, Bertino JS. Simplified Estimation of Aminoglycoside Pharmacokinetics in Underweight and Obese Adult Patients. *Antimicrobial Agents and Chemotherapy*. 2011;55(9):4006-4011. doi:10.1128/AAC.00174-11.

2. *Cefepime*

Nicasio AM, Ariano RE, Zelenitsky SA, et al. Population Pharmacokinetics of High-Dose, Prolonged-Infusion Cefepime in Adult Critically Ill Patients with Ventilator-Associated Pneumonia . *Antimicrobial Agents and Chemotherapy*. 2009;53(4):1476-1481. doi:10.1128/AAC.01141-08.

Tam VH, McKinnon PS, Akins RL, Drusano GL, Rybak MJ. Pharmacokinetics and Pharmacodynamics of Cefepime in Patients with Various Degrees of Renal Function. *Antimicrobial Agents and Chemotherapy*. 2003;47(6):1853-1861. doi:10.1128/AAC.47.6.1853-1861.2003.

3. *Ceftazidime*

Georges B, Conil J-M, Seguin T, et al. Population Pharmacokinetics of Ceftazidime in Intensive Care Unit Patients: Influence of Glomerular Filtration Rate, Mechanical Ventilation, and Reason for Admission . *Antimicrobial Agents and Chemotherapy*. 2009;53(10):4483-4489. doi:10.1128/AAC.00430-09.

4. *Ceftriaxone*

Garot D, Respaud R, Lanotte P, et al. Population pharmacokinetics of ceftriaxone in critically ill septic patients: a reappraisal. *British Journal of Clinical Pharmacology*. 2011;72(5):758-767. doi:10.1111/j.1365-2125.2011.04005.x.

5. *Ciprofloxacin*

Khachman, D., Conil, J., Georges, B., Saivin, S., Houin, G., Toutain, P., & Laffont, C. M. (2011). Optimizing ciprofloxacin dosing in intensive care unit patients through the use of population pharmacokinetic-pharmacodynamic analysis and Monte Carlo simulations. *Journal of Antimicrobial Chemotherapy*, 66(8), 1798-1809. doi:10.1093/jac/dkr220

6. *Daptomycin*

Dvorchik B, Arbeit RD, Chung J, Liu S, Knebel W, Kastrissios H. Population Pharmacokinetics of Daptomycin. *Antimicrobial Agents and Chemotherapy*. 2004;48(8):2799-2807. doi:10.1128/AAC.48.8.2799-2807.2004.

7. *Doripenem*

Abdul-Aziz MH, Abd Rahman AN, Mat-Nor M-B, et al. Population Pharmacokinetics of Doripenem in Critically Ill Patients with Sepsis in a Malaysian Intensive Care Unit. *Antimicrobial Agents and Chemotherapy*. 2016;60(1):206-214. doi:10.1128/AAC.01543-15.

8. *Levofloxacin*

Preston SL, Drusano GL, Berman AL, et al. Levofloxacin Population Pharmacokinetics and Creation of a Demographic Model for Prediction of Individual Drug Clearance in Patients with Serious Community-Acquired Infection. *Antimicrobial Agents and Chemotherapy*. 1998;42(5):1098-1104.

9. *Meropenem*

Crandon, J. L., Ariano, R. E., Zelenitsky, S. A., Nicasio, A. M., Kuti, J. L., & Nicolau, D. P. (2010). Optimization of meropenem dosage in the critically ill population based on renal function. *Intensive Care Medicine*, 37(4), 632-638. doi:10.1007/s00134-010-2105-0

Li, C., Kuti, J. L., Nightingale, C. H., & Nicolau, D. P. (2006). Population Pharmacokinetic Analysis and Dosing Regimen Optimization of Meropenem in Adult Patients. *The Journal of Clinical Pharmacology*, 46(10), 1171-1178. doi:10.1177/0091270006291035

Doh, K., Woo, H., Hur, J., Yim, H., Kim, J., Chae, H., . . . Yim, D. (2010). Population pharmacokinetics of meropenem in burn patients. *Journal of Antimicrobial Chemotherapy*, 65(11), 2428-2435. doi:10.1093/jac/dkq317

10. *Piperacillin and tazobactam*

Felton TW, Roberts JA, Lodise TP, et al. Individualization of Piperacillin Dosing for Critically Ill Patients: Dosing Software To Optimize Antimicrobial Therapy. *Antimicrobial Agents and Chemotherapy*. 2014;58(7):4094-4102. doi:10.1128/AAC.02664-14.

Patel N, Scheetz MH, Drusano GL, Lodise TP. Identification of Optimal Renal Dosage Adjustments for Traditional and Extended-Infusion Piperacillin-Tazobactam Dosing Regimens in Hospitalized Patients. *Antimicrobial Agents and Chemotherapy*. 2010;54(1):460-465. doi:10.1128/AAC.00296-09.

11. Polymixin

Sandri, A. M., Landersdorfer, C. B., Jacob, J., Boniatti, M. M., Dalarosa, M. G., Falci, D. R., . . . Zavascki, A. P. (2013). Population Pharmacokinetics of Intravenous Polymyxin B in Critically Ill Patients: Implications for Selection of Dosage Regimens. *Clinical Infectious Diseases*, 57(4), 524-531. doi:10.1093/cid/cit334

12. Telavancin

Samara E, Shaw J-P, Barriere SL, Wong SL, Worboys P. Population Pharmacokinetics of Telavancin in Healthy Subjects and Patients with Infections. *Antimicrobial Agents and Chemotherapy*. 2012;56(4):2067-2073. doi:10.1128/AAC.05915-11.

13. Tigecycline

Van Wart SA, Owen JS, Ludwig EA, Meagher AK, Korth-Bradley JM, Cirincione BB. Population Pharmacokinetics of Tigecycline in Patients with Complicated Intra-Abdominal or Skin and Skin Structure Infections . *Antimicrobial Agents and Chemotherapy*. 2006;50(11):3701-3707. doi:10.1128/AAC.01636-05.

Rubino CM, Forrest A, Bhavnani SM, et al. Tigecycline Population Pharmacokinetics in Patients with Community- or Hospital-Acquired Pneumonia . *Antimicrobial Agents and Chemotherapy*. 2010;54(12):5180-5186. doi:10.1128/AAC.01414-09.

14. Vancomycin

Matzke GR, McGory RW, Halstenson CE, Keane WF. Pharmacokinetics of vancomycin in patients with various degrees of renal function. *Antimicrobial Agents and Chemotherapy*. 1984;25(4):433-437.

Peer reviewed manuscripts including ID-ODS™

Andras Farkas, Gergely Daroczi, Philip Villasurda, Michael Dolton, Midori Nakagaki, Jason A Roberts; Comparative evaluation of the predictive performance of three different structural population pharmacokinetic models to predict future voriconazole concentrations. *Antimicrobial Agents and Chemotherapy*, published online ahead of print on September 6, 2016

Delgado-Valverde M, Torres E, Valiente-Mendez A, Almirante B, Gómez-Zorrilla S, Borrell N, Corzo JE, Gurgui M, Almela M, García-Álvarez L, Fontecoba-Sánchez MC, Martínez-Martínez L, Cantón R, Praena J, Causse M, Gutiérrez-Gutiérrez B, Roberts JA, Farkas A, Pascual Á, Rodríguez-Baño J; REIPI/GEIH-SEIMC BACTERAEMIA-MIC group; Impact of the MIC of piperacillin/tazobactam on the outcome for patients with bacteraemia due to Enterobacteriaceae: the Bacteraemia-MIC project. 2016, Journal of Antimicrobial Chemotherapy, 71(2):521-30

Gloria Wong, Andras Farkas, Rachel Sussman, Gergely Daroczi, William W Hope, Jeffrey Lipman, Jason A Roberts; Comparison of the accuracy and precision of pharmacokinetic equations to predict free meropenem concentrations in critically ill patients. Antimicrobial Agents and Chemotherapy, published online ahead of print on 15 December 2014

Jason A Roberts, Mohd H Abdul-Aziz, Jeffrey Lipman, Johan W Mouton, Alexander A Vinks, Timothy W Felton, William W Hope, Andras Farkas, Michael N Neely, Jerome J Schentag, George Drusano, Otto R Frey, Ursula Theuretzbacher, Joseph L Kuti, on behalf of The International Society of Anti-Infective Pharmacology and the Pharmacokinetics and Pharmacodynamics Study Group of the European Society of Clinical Microbiology and Infectious Diseases; Individualised antibiotic dosing for patients who are critically ill: challenges and potential solutions. 2014, The Lancet Infectious Diseases, 14 (6): 441 – 532

Peer reviewed conference papers including ID-ODS™

Development of a Smart Phone application prototype to individualize antibiotic dosing in critically ill patients
based on the results of population pharmacokinetic models and Monte Carlo simulations

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ABSTRACT/REVISED

Objectives: Currently available smartphone technology can help facilitate mobile computing at the point of care. The objective of this study was to develop the prototype of an application for mobile devices that will provide individual dosing recommendations based on Probabilities of Target Attainment (PTA) for several antibiotics. Here the example of meropenem (MER) is presented.

Methods: Population pharmacokinetic (popPK) model for MER in critically ill patients is used to estimate PTA for 5000 virtual patients per simulation. The model and conditions are coded into RapporNet, the template based on-line application for the R software environment, for statistical computing and graphics. PTA for short, extended, and continuous infusion regimens for the target fT_{MIC} of 40% for MICs up to 32 µg/ml in serum are established assuming 2 to 15% protein binding and lognormal distribution for all pharmacokinetic parameters.

Results: An easy to use, single HTML page is produced that is compatible with modern browsers used on mobile devices. The user provides patient demographic and laboratory information via the user friendly interface in conventional units, which is then passed through the template of conditions in RapporNet. After the computation of PTA for the candidate dosing strategy the background information with supporting evidence, estimated pharmacokinetic parameters, summary of patient demographic information, and the chart for PTA at doubling MIC distributions will be displayed in a standard pdf format. PTA of > 90% are conveniently highlighted at each MIC and the explanation of the results in a concise manner is provided.

Conclusions: The development of this cross-platform application provides the foundations for a multi-model based, point of care clinical decision support tool on mobile devices for clinicians interested in optimizing antimicrobial therapy. This system can be used to improve antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacodynamics, popPK model based approach and Monte Carlo simulation.

METHODS

Monte Carlo simulation and the pharmacodynamic target

- 5000 trial Monte Carlo simulation (R software environment for statistical computing via RapporNet)^{1,7}
- Elimination rate constant estimates from the central compartment are based on using the explanatory variable of CrCl and the inter individual variability (IV) identified in the model.
- Volume of the central compartment is estimated as a function of the actual or adjusted body weight and the IV identified in the model.
- Inter-compartmental transfer rate constants are simulated using the mean and standard deviation values identified in the model.
- All pharmacokinetic parameter estimates are assumed to follow lognormal distribution, with protein binding set at 2 to 15%.
- Two compartment model with constant intravenous input and first order output is used to estimate concentration – time profiles for each simulated patient at the increments of 1/4th of the dosing interval and after the fourth dose.
- PK/PD Index of the fT_{MIC} of 40% is utilized as the goal of evaluation to establish the PTA by calculating the percentage of patients likely to achieve the pharmacodynamic endpoint at each MIC.

Technology overview

- Using any of the popular devices and browsers [1] all parameters passed to Optimum Dosing Strategies (ODS) website [2] are seamlessly transmitted to RapporNet servers over a secure channel for evaluation.
- The channel is backed up by a content delivery network [3] that is also speeding up connection as well as making it possible to provide high availability for ODS users.
- The cluster of web servers [4] process the queries and read the required models and programs to memory from the distributed system of databases [5] to be passed along to the R [6] workers.
- The computations are run in a secured and stateless R environment so that no sensitive information would be stored for future R sessions. The statistical tasks will use any of the numerous, user contributed packages found on CRAN, and the templates can call even OpenBUGS [7] as a Bayesian interface.
- The results are returned in Pandoc's markdown format [8] that could be transformed to any popular document format – along with the generated plots in the analysis.

RESULTS

Figure 2. Graphical output for Probabilities of Target Attainment

Figure 3. Graphical output for a revised dosing regimen via Bayesian adaptive feedback

CONCLUSION

- The development of this cross-platform application provides the foundations for a multi-model based, point of care clinical decision support tool on mobile devices for clinicians interested in optimizing anti-infective therapy.
- This system can be used to improve antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacodynamics, popPK model based approach and Monte Carlo simulation.
- Subsequent development and inclusion of several other antibiotics such as the aminoglycosides, cefepime, ceftazidime, ceftioxcime, ciprofloxacin, daptomycin, doripenem, fluconazole, imipenem, levofloxacin, meropenem, piperacillin and tazobactam, tigecycline, and vancomycin led to the development of ID - ODS[™], a web - based clinical decision support tool used to individualize antimicrobial therapy.

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- http://www.R-project.org

Figure 1. Graphical overview of the technology used to generate the reports



ABSTRACT/REVISED

Objectives: In order to help overcome some of the current challenges for the wide-spread implementation of model based goal oriented dosing of antibiotics, we have launched individually designed Optimum Dosing Strategies (ID-ODS™) on the web in late 2012. The objective of this study was to evaluate the utilization of this on-line dosing tool used to facilitate the optimal dosing of sixteen antibiotics via estimation of patient specific Probabilities of Target Attainment (PTAs) and Bayesian adaptive feedback.

Methods: Continuous data collection on individual queries was supported by RapporNet®, a data analysis and reporting application for the use of the R® statistical software environment in the cloud. The number of queries on specific antibiotic templates by geolocated IP address and anonymised parameters were evaluated for CPU time and for the frequency of successfully generated reports.

Results: The website applications were successfully queried 5078 times during the time of evaluation. 85.9% of all users connected from North America. The remaining 14.1% of users joined the site mainly from Europe (47.7%), Asia - Pacific region (25.9%), South America (24.2%) and the rest of the world (2.2%). PTAs for Piperacillin and Tazobactam and estimations of empiric dosing regimens for Vancomycin were the most common reasons for utilization, followed by Bayesian analysis of individual Vancomycin and Amikoglycoside concentration information. They accounted for a combined 54.5% of all data management. Cefepime and Meropenem were the second and third most commonly accessed templates for PTA dose optimization, representing 29.1% of the entire beta-lactam queries together. CPU times differed substantially for templates running PTAs versus the Bayesian models with a mean + SD of 6.88 ± 2.08 seconds and 19.16 ± 17.12 seconds, respectively. Generating the reports was aborted early 13.5% of the time, where the reasons for failure were most commonly linked to inaccurate data entry.

Conclusions: The world-wide web availability of this cross-platform application provides the framework for a point of care clinical decision support tool on mobile and stationary devices for practitioners interested in optimizing antimicrobial therapy. During the first year in live environment, the system was run successfully over five thousand occasions, providing computational results of high complexity under the average of 20 seconds of time. The utilization information collected during this period will also help us further improve the system to minimize rates of template failure due to inaccurate data entry.

INTRODUCTION

In the past several years, adaptation of the use of on-line applications on mobile devices by health care professionals has become increasingly more common. Tablets, iPad's and smartphones are relatively new technologies that combine mobile telecommunications and data processing in a device that can facilitate mobile computing at the point of care. This recently observed increased adoption of mobile devices by health care professionals provides the invaluable opportunity for improved communications at the point of care anywhere at any time^{1,2}. Drug reference resources generally provide information on the pharmacology, dosing, dosage form, drug interactions and the contraindications associated with the use of the agents. The Hopkins Antibiotic Guide and the Sanford Guide both have been available for many years now, with sections focusing on the dosing of antibiotics^{3,4}. Neither of these two popular resources directly provide drug dosing information based on the results of high quality popPK models. They do not provide the opportunity to evaluate different dosage regimens for probabilities of target attainment based on Monte Carlo simulation. As on-line computing and the use of mobile devices become more and more popular, transition of the free-standing software to a web-based application is likely inevitable. Virtually all available devices have the option to view websites, with some having significantly better aesthetic appearance compared to others⁵. In this experiment, we report on the usage statistics of a multi-platform, web-based clinical application equipped to provide optimum antibiotic dosing information via the use of population pharmacokinetic models and Bayesian adaptive feedback or Monte Carlo simulation for critically ill patients at the point of care.

METHODS

ID - ODS™ Technology Overview 4,7,8

- Using any of the popular devices and browsers [1] all parameters passed to Optimum Dosing Strategies (ODS) website [2] are seamlessly transmitted to RapporNet servers over a secure channel for evaluation.
- The channel is backed up by a content delivery network [3] that is also speeding up connection as well as making it possible to provide high availability for ODS users.
- The cluster of web servers [4] process the queries and read the required models and programs to memory from the distributed system of databases [5] to be passed along to the R [6] workers.
- The computations are run in a secured and stateless R environment so that no sensitive information would be stored for future R sessions. The statistical tasks will use any of the numerous, user contributed packages found on CRAN like the FME package as a Bayesian interface.
- The results are returned in Pandoc's markdown format [8] that could be transformed to any popular document format - along with the generated plots in the analysis.

Usage Data Collection

- Continuous data collection on individual queries was supported by RapporNet®, a data analysis and reporting application for the use of the R®.
- The number of queries on specific antibiotic templates by geolocated IP address and anonymised parameters were collected and evaluated for CPU time.
- The frequency of successfully generated reports was also evaluated by comparing the number of queries generated with and without an error message.

Data Analysis and Graphics

- The R® software environment for statistical computing and graphics was used to generate the plots and calculate summary statistics of the data.



Figure 1. Graphical overview of the technology of ID-ODS™

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RESULTS

IDODS visitors (n = 5678) all around the world



Figure 2. Cluster map of ID-ODS™ visitors from around the world

Template	% of all Utilization	Mean ± SD CPU Time (sec)	% Aborted
Operational and Tazobactam PTA	15.80	6.65 ± 1.34	2.82
Cefepime Vancomycin Dosing	16.10	4.90 ± 1.06	3.73
Bayes Amikoglycoside Optimization	16.80	8.09 ± 6.42	37.14
Bayes Vancomycin Optimization	7.60	16.26 ± 6.85	41.66
Cefepime PTA	14.10	6.96 ± 2.32	4.25
Meropenem PTA	8.70	10.72 ± 2.68	1.87
Other	22.80	5.95 ± 1.16	1.94

Table 1. Summary statistics of select ID-ODS™ template utilization

CONCLUSION

- The availability of this cross-platform application provides the foundations for a multi-model based, point of care clinical decision support tool on desktops and mobile devices for clinicians interested in optimizing anti-infective therapy.
- This system has been used to improve antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacodynamics, popPK model based approach and Monte Carlo simulation over 5000 times since implementation.
- Subsequent development will focus on improving the user interface in order to minimize the rate of inaccurate data entry into ID-ODS™ to the web-based clinical decision support tool used to individualize antimicrobial therapy.

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- Burdette et al. CID 2008; 47: 117-122
- http://www.R-project.org
- http://rappor.net
- www.optimum-dosing-strategies.org



ABSTRACT/REVISED

Objectives: Smart phone technology can help facilitate mobile computing at the point of care. The objective of this study was to develop a mobile phone application to provide individualized dosing recommendations based on Cumulative Fraction of Response (CFR), Probabilities of Target Attainment (PTA), Bayesian feedback and combination drug interaction modeling for several antibiotics. Here the example of Cefepime (CEF) is presented.

Methods: Population pharmacokinetic (popPK) model for CEF in critically ill patients is used as the Bayesian prior and to estimate concentration - time profiles for 5000 virtual patients per simulation. Additionally, the Greco interaction equation is employed and linked to simulated concentration - time profiles to generate the curve of effect for combination therapy. The models and conditions are coded into Individually Designed Optimum Dosing Strategies (ID-ODS™) on-line to provide the necessary background for the high-level computations.

Results: The user provides patient demographic and laboratory information (including institution specific MIC distribution) via a user friendly interface in conventional units, which is then passed through the template of conditions in ID-ODS™. PTAs for short, extended, or continuous infusion regimens for the target, F_{75%} of 80% for MIC₅₀ up to 32 µg/ml in serum are established assuming lognormal distribution for all pharmacokinetic parameters. These PTAs are also used to calculate CFRs, allowing to compare up to 4 different regimens side by side at a time. For Bayesian dose individualization, a total of 5000 iterations are completed using a sequential approach allowing for the change of PK parameters from time to time. After the computation, clinically useful information including individual PK parameter estimates and suggested dosing regimens, PTAs, CFRs, and the predicted killing effect of the candidate dosing strategies will be displayed using uncomplicated and adequately descriptive plotting designs.

Conclusions: This mobile-platform application provides the opportunity for clinicians interested in optimizing antimicrobial therapy at the point of care. This system can be used to improve antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacodynamics, popPK model based approach, Bayesian feedback and Monte Carlo simulation.

INTRODUCTION

- In the past several years, adaptation of the use of on-line applications on mobile devices by health care professionals has become increasingly more common.^{1,2}
- Tablets, iPad's and smartphones are mobile technologies that combine telecommunications and data processing in a device that can facilitate computing at the point of care.
- Drug reference resources generally provide information on the pharmacology, dosing, dosage form, drug interactions and the contraindications associated with the use of the agents.
- Popular and trusted resources like The Johns Hopkins Antibiotic Guide and the Sanford Guide both have been available for many years now, with sections focusing on the dosing of antibiotics^{3,4}. Neither of these two resources directly provide drug dosing information based on the results of high quality popPK models.
- They also do not provide the opportunity to evaluate different dosage regimens for probabilities of target attainment based on Monte Carlo simulation. As on-line computing and the use of mobile devices become more and more popular, transition of the free-standing software to a web-based application is likely inevitable. Virtually all available devices have the option to view websites, with some having significantly better aesthetic appearance compared to others⁵.
- In this experiment, we report on the enhancement of a multi-platform, web-based clinical application equipped to provide optimum antibiotic dosing information via the use of population pharmacokinetic models and Bayesian adaptive feedback or Monte Carlo simulation and drug interaction modeling for critically ill patients at the point of care.

METHODS

ID - ODS™ Technology Overview 4,7,8

- Using any of the popular devices and browsers [1] all parameters passed to Optimum Dosing Strategies (ODS) website [2] are seamlessly transmitted to RapporNet servers over a secure channel for evaluation.
- The channel is backed up by a content delivery network [3] that is also speeding up connection as well as making it possible to provide high availability for ODS users.
- The cluster of web servers [4] process the queries and read the required models and programs to memory from the distributed system of databases [5] to be passed along to the R [6] workers.
- The computations are run in a secured and stateless R environment so that no sensitive information would be stored for future R sessions. The statistical tasks will use any of the numerous, user contributed packages found on CRAN like the FME package as a Bayesian interface.
- The results are returned in Pandoc's markdown format [8] that could be transformed to any popular document format - along with the generated plots in the analysis.

Data Analysis and Graphics

- The R® software environment for statistical computing and graphics was used to generate the plots and calculate summary statistics of the data.
- Respective R® software packages are used to support computations related to Monte Carlo simulation, Bayesian analysis and drug interaction modeling.



Figure 3. Graphical overview of the technology of ID-ODS™

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RESULTS

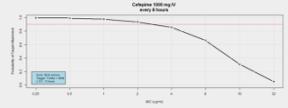


Figure 4. Output of the Monte Carlo simulation based optimization application

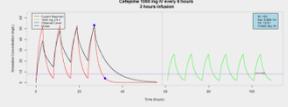


Figure 5. Output of the Bayesian feedback driven dose optimization application

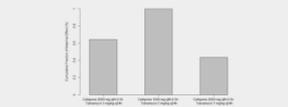


Figure 6. Output of the drug interaction simulation based application

CONCLUSION

- The availability of this cross-platform application provides a multi-model based, point of care clinical decision support tool on desktops and mobile devices for clinicians interested in optimizing anti-infective therapy.
- This system has been used to improve antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacodynamics, popPK model based approach and Monte Carlo simulation over 5000 times since implementation.
- Current updates in the development of this application enable practitioners to utilize Bayesian feedback driven dose optimization at the bedside. In addition, the availability of drug interaction simulation option allows for the evaluation of the cumulative fraction of maximum effect for different combination therapy regimens aimed to maximize killing effect throughout the course of treatment.

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Development of an on-line application to support a program aimed to evaluate antimicrobial dosing optimization without therapeutic drug monitoring in critically ill patients in Brazil

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ABSTRACT

Background: Enhancing the quality of prescribing and administration of antibiotics should be considered a key priority for improving therapeutic outcomes and suppressing the increasing rates of resistance that is presently observed worldwide. The availability of therapeutic drug monitoring (TDM) for many of the commonly used antibiotics is rarely in a considerable number of centers around the world. Alternatively, the use of a widely available web based application utilizing population PK models and sophisticated simulation algorithms may have the potential to be a valuable tool in optimizing PK/PD indices. The aim of this study was to describe the process of modifying an on-line dose optimization application to meet the needs of a program designed to evaluate the adaptation of published population PK models for dose optimization in the absence of TDM into the care of Brazilian critically ill patients.

Materials/Methods: Piperacillin and tazobactam PK models are coded into Individually Designed Optimum Dosing Strategies (ID-ODSTM) on-line using the R language to provide the necessary background for the high-level computations to estimate concentration-time profiles for 5000 virtual patients per simulation. The user provides patient demographic and laboratory information (including MICs) via a user friendly HTML interface in international units. PTAs for up to 200 short and extended infusion regimens from 2000 to 8000 mg intervals at 50 mg intervals given every 12, 8, 6 and 4 hours for the target JT+MIC of 50% for MICs up to 32 µg/ml in serum are established assuming 70% protein binding and lognormal distribution for all pharmacokinetic parameters.

Results: PTAs for all simulated regimens are evaluated and a subset reaching 90% or more is separated for further analysis to provide the dosing regimen that achieves the optimal target at the pre-specified MIC with the least amount of drug in mgs to be administered in a 24 h time period. Once computation is accomplished, clinically relevant information including patient demographic information, PTAs, and creatinine clearance will be displayed using uncomplicated and adequately descriptive plotting designs and in the Portuguese language (Figure 1 and 2).

Conclusion: The development of this modified application provides the foundations for a multi-modal based point of care clinical decision support tool on the web and mobile devices for clinicians focusing on optimizing antimicrobial therapy in the absence of available and affordable TDM. This system will be used to evaluate the adaptation of published population PK models for dose optimization into the care of the Brazilian critically ill patients. By setting the application to give the dosing regimen that uses the lowest amount of drug per day, the cost will also be kept to the minimum necessary to provide optimal exposure.

INTRODUCTION

In the past several years, adaptation of the use of on-line applications on mobile devices by health care professionals has become increasingly more common.^{1,2} Tablets, iPads and smartphones are mobile technologies that combine telecommunications and data processing in a device that can facilitate computing at the point of care. ID-ODSTM³ is a TDM and simulation tool powered by the R⁴ software with an extensive model library built from population pharmacokinetic models published in peer-reviewed literature. Based on patient demographic information readily available at the bedside, ID-ODSTM incorporates Monte Carlo simulation and inverse Bayesian modeling into the design of personalized dosing regimens via a graphical user interface.⁵ In this report we describe the process of modifying the on-line dose optimization application ID-ODSTM to meet the needs of a program designed to evaluate the implementation of published population PK models for dose optimization in the absence of TDM into the care of critically ill patients in Brazil.

METHODS

- Piperacillin and tazobactam PK models are coded into Individually Designed Optimum Dosing Strategies (ID-ODSTM) on-line, where the user provides patient demographic and laboratory information (including MICs) via a user friendly HTML interface in Portuguese and in international units.
 - Using any of the popular devices and browsers all parameters passed to Optimum Dosing Strategies (ODS) website are seamlessly transmitted to Reporter servers over a secure channel for evaluation.⁶
 - The cluster of web servers process the queries and read the required models and programs to memory from the distributed system of databases to be passed along to the R⁴ workers.⁷
 - PTAs for short and extended infusion regimens from 2000 to 8000 mg of piperacillin at 50 mg intervals given every 12, 8, 6 and 4 hours for the target JT+MIC of 50% for MICs up to 32 µg/ml in serum are established assuming 30% protein binding.
 - Subsequently, all simulated regimens are evaluated and a subset reaching 90% or more is identified for further analysis to provide the regimen that achieves the optimal target at the pre-specified MIC with the least amount of drug in mgs to be administered in a 24 h time period.
 - The results are returned in Pandoc's markdown format that could be transformed to any popular document format – along with the generated plots in the analysis.
- Data Analysis and Graphics**
- The R⁴ software environment for statistical computing and graphics is used to generate the plots and calculate summary statistics of the data.
 - Respective R⁴ software packages are used to support computations related to Monte Carlo simulation

RESULTS



Figure 2. Graphical user interface of ID-ODSTM for Monte Carlo simulation translated in Portuguese.



Figure 1. Graphical overview of the technology of ID-ODSTM.

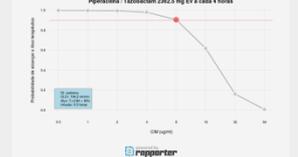


Figure 3. Output of the Monte Carlo simulation based optimization in Portuguese.

CONCLUSION

- The availability of this cross-platform application provides a multi-modal based, point of care clinical decision support tool on desktops and mobile devices for clinicians interested in optimizing anti-infective therapy.
- This system has been used to facilitate the optimization of antibiotic dosing practices at the bedside via the utilization of modern principles of antimicrobial pharmacokinetics and pharmacodynamics.
- Current updates in the development of this application enable Portuguese speaking practitioners to evaluate Monte Carlo simulation driven dose optimization at the bedside.
- In the near future, the clinical utility of the application in a resource limited setting will be evaluated by comparing predicted and observed PK/PD index target attainment to establish the viability of model based dose optimization without therapeutic drug monitoring for antimicrobial agents.

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Comparative Evaluation of the Performance of a Population Equation and Two Bayesian Methods to Predict Future Vancomycin Concentrations

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ABSTRACT

Objectives: Vancomycin (VAN) therapeutic drug monitoring (TDM) with Bayesian feedback has been studied before, but there are few reports of the accuracy and precision of predictions when fitting concentrations via the parametric method from dose to dose (sequential) compared with the method where fitting all concentrations takes place at once (fixed). The goal of this study was to compare the performance of Bayesian methods and the published Matzke equation without feedback at predicting future VAN concentrations.

Methods: VAN concentrations were collected from a mixed population as part of a clinical TDM program. The Matzke equation was coded into Individually Designed Optimum Dosing Strategies (ID-ODSTM) online and used as the Bayesian prior. Up to five observed levels were predicted per patient. The mean prediction error (ME) and mean squared prediction error (MSE) and their 95% confidence intervals (95%CI) were calculated to measure absolute bias and precision, while delta ME (ΔME) and delta MSE (ΔMSE) and their 95% CI to measure relative bias and precision, respectively.

Results: 695 VAN levels from 171 patients were analyzed. MEs (95%CI) ranged from 2.18 (-0.87, 3.51) to 3.08 (1.58, 4.6) for the Matzke equation, 0.068 (-1.05, 1.19) to 1.32 (0.01, 2.64) for the fixed and -0.89 (-2.39, 0.61) to 0.94 (-0.42, 2.31) for the sequential approach, indicating a consistently non-significant difference in bias for the sequential method. MSEs (95%CI) ranged from 84.78 (48.09, 81.48) to 80.15 (48.44, 111.85) for Matzke, 41.98 (27.74, 56.22) to 54.27 (37.49 to 71.05) for the fixed, and 38.81 (23.6, 54.02) to 57.79 (37.77, 74.1) for the sequential approach. When compared relative to the Matzke method, the sequential approach allowed lower ΔMEs and ΔMSEs versus the fixed method with ΔME (95%CI) values of -3.73 (-5.21, -2.24) to -1.88 (-3.54, -0.22) and ΔMSE (95%CI) of -1.50 (-3.04, 0.04), respectively.

Conclusion: The predictive performance of the sequential method was shown to be superior over the fixed approach, which in turn suggests that it should be preferred for use in a clinical TDM program.

INTRODUCTION

- Therapeutic drug monitoring (TDM) is suggested for vancomycin (VAN) to achieve timely and therapeutic concentrations.¹
- A variety of dosing methods are used for VAN because of a difficult-to-predict relationship between dose and serum concentrations.²
- For serum concentration data, the Bayesian approach appears to give the best predictive performance.^{3,4,5}
- The goal of this study was to compare the performance of Bayesian methods and the published Matzke equation without feedback at predicting future VAN concentrations.

METHODS

TDM data was collected retrospectively from 171 patients receiving VAN therapy via short and continuous infusion.

The ID-ODSTM program was used to predict VAN concentrations using a one compartment intravenous infusion model.

The FME package was utilized to carry out the Bayesian analysis via the Markov Chain Monte Carlo technique using the Metropolis-Hastings algorithm.⁶

Analysis of prediction errors was based on calculated mean (ME) and delta mean prediction errors (ΔME) and mean squared (MSE) and delta mean squared prediction errors (ΔMSE) using the R⁴ software.⁷

RESULTS

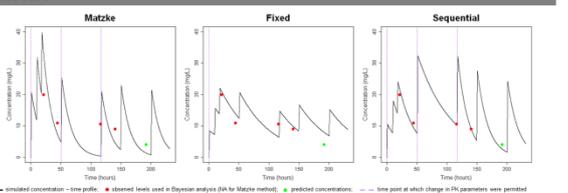


Figure 1. Simulated concentration-time profiles for Patient A2 by respective methods.

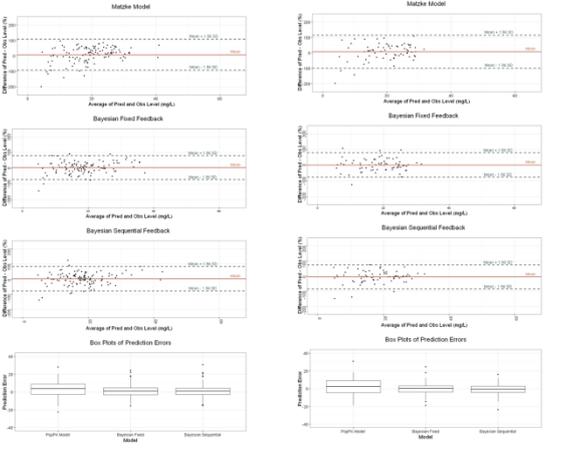


Figure 2. Mean and precision of the Bayesian methods relative to the Matzke model without feedback.

RESULTS

Model	BIAS AND PRECISION'S OBSERVED LEVELS		BIAS AND PRECISION'S PREDICTED LEVELS	
	Mean	95% CI	Mean	95% CI
Matzke	2.18	-0.87 to 3.51	64.78	48.09 to 81.48
Bayesian	0.068	-1.05 to 1.19	43.87	32.07 to 59.87
Sequential	-0.89	-2.39 to 0.61	57.79	37.77 to 74.1

Table 1. Bias and precision of the methods evaluated versus the observed concentrations.

Model	BIAS AND PRECISION RELATIVE TO MATZKE MODEL		BIAS AND PRECISION RELATIVE TO MATZKE MODEL	
	Mean	95% CI	Mean	95% CI
Bayesian	-3.73	-5.21 to -2.24	-1.88	-3.54 to -0.22
Sequential	-1.50	-3.04 to 0.04	-2.39	-4.93 to 0.16
Fixed	3.08	1.58 to 4.6	2.64	0.94 to 4.34

Table 2. Bias and precision of the Bayesian methods relative to the Matzke model without feedback.

CONCLUSION

- Our results suggest that Bayesian simulations with feedback are more accurate at predicting future VAN concentrations than traditional non-feedback methods.
- Based on the performance displayed by the sequential method it would be sensible to utilize it in a TDM program over a fixed approach in an effort to obtain therapeutic concentrations at higher accuracy and better precision.
- The relatively low over all predictive performance of these methods warrants further studies to be completed aimed to identify additional factors that may explain inter-patient variability and better define PK parameters and hence improve the usefulness of this methods.

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Evaluation of Pharmacist Managed Vancomycin Therapy Compared to Physician Managed Dosing in Establishing Timely and Therapeutic Vancomycin Serum Concentrations at a Community Hospital

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ABSTRACT

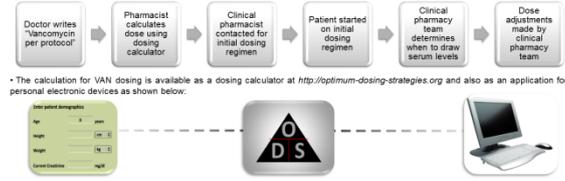
Purpose: Vancomycin (VAN) remains a mainstay for the treatment of serious infections caused by gram-positive organisms. The purpose of this study was to assess if pharmacist managed therapy can produce timely therapeutic levels at least as effectively as physician managed dosing of VAN.
Methods: A total of 100 patients per group were evaluated for baseline characteristics. Demographic, laboratory and VAN monitoring data were collected. Percentage of patients with initial, second, and third levels within subtherapeutic (<10 mg/L), therapeutic (10 to 20 mg/L) and supratherapeutic (>20 mg/L) ranges were compared. Secondary end points including comparing initial mean \pm SD VAN concentrations, levels between 8 and 22 mg/L, percentage of patients never reaching concentrations of ≥ 10 mg/L, and time to reach the therapeutic range.
Results: There were no statistically significant differences in baseline characteristics between the two groups evaluated, except for baseline renal function. VAN levels within the therapeutic range for initial, second and third measurements were 77%, 71%, 74% for pharmacist managed therapy and 37%, 58%, 55% for the comparator. Initial mean \pm SD VAN levels were 13.4 ± 3.6 mg/L and 8.8 ± 3.9 mg/L ($p < 0.05$), while levels between 8 and 22 mg/L were 68% and 63%, for the intervention and comparator groups, respectively. An additional 40% of patients never reached 10 mg/L in the physician group compared to the intervention group. Median \pm SD number of days to reach therapeutic range was 1.9 ± 0.9 days for the intervention group versus 2.5 ± 2.7 days for the comparator group ($p < 0.05$).
Conclusion: Pharmacist managed VAN therapy resulted in both a greater percentage of therapeutic levels and a shorter time to reach therapeutic range. Consequently, the pharmacist managed VAN therapy appears to be at least as or more effective in achieving pre-specified laboratory endpoints when compared to physician dosing of VAN at our institution.

INTRODUCTION

VAN remains a mainstay for the treatment of serious infections caused by gram-positive organisms. VAN is a glycopeptide antibiotic with linear pharmacokinetics and specified therapeutic levels recommended by the Infectious Disease Society of America (IDSA) based on indication.¹ In order to attain pre-specified therapeutic VAN levels there are several nomograms developed to aid in the empiric dosing of VAN.^{1,2} Dosing based on established nomograms can result in a higher percentage of patients with serum levels within these specified therapeutic ranges.^{3,4} For instance, Kullar, et al validated the effectiveness of a VAN nomogram in achieving trough concentrations of 15-20 mg/L; the nomogram resulted in 60% of the VAN trough levels between 13-22 mg/L.⁵ Leu et al also concluded that 65% of patients had a VAN trough of 10-15mg/L when dosed with a nomogram compared to 32% with conventional dosing. Additionally, the patients dosed by the nomogram had better clinical outcomes (higher rate of cure and eradication) and an improved safety profile.⁶ Thus, a protocol was established at our institution based on published adult population equations to calculate initial dose and make further dose adjustments based on measured VAN serum levels. Then, a team of staff and clinical pharmacists was assembled to develop a publicly available on-line application to support effortless and safe implementation of the VAN dosing services.⁷ Finally, the procedure for work flow to provide 24 hours 7 days a week coverage was established. The purpose of this study was to assess if pharmacist managed therapy can produce timely therapeutic levels at least as effectively as physician managed dosing of VAN.

METHODS

Pharmacist managed VAN at our institution include pharmacists calculating initial dosing regimens, determining timing of serum VAN level draws, and dose adjustments based on the levels drawn.



The calculation for VAN dosing is available as a dosing calculator at <http://optimum-dosing-strategies.org> and also as an application for personal electronic devices as shown below:

Pharmacist managed VAN therapy was then compared to conventional physician managed VAN dosing at our institution

- Inclusion criteria included patients who were over 18 years of age, had a presumed infection, and had at least one measured VAN serum level
- A total of 100 patients per group were evaluated for baseline characteristics such as, demographic, laboratory and VAN monitoring data
- Primary endpoints included: percentage of patients with initial, second and third levels within subtherapeutic (<10 mg/L), therapeutic (10 to 20 mg/L) and supratherapeutic (>20 mg/L) ranges
- Secondary endpoints included: Initial mean \pm SD VAN concentrations; levels between 8 and 22 mg/L; percentage of patients never reaching concentrations of ≥ 10 mg/L, and time to reach the therapeutic range.
- Normality was assessed with the Shapiro-Wilk test; categorical variables were then compared using the Mann-Whitney U test and continuous variables were compared using the student t-test utilizing the R Software.⁸

RESULTS

Table 1. Baseline Demographics

	Physician Managed (n=100)	Pharmacy Managed (n=100)	P-value
Mean Age (years)	70	67	0.20
Mean Height (Inches)	66	66	0.98
Mean creatinine (mg/dL)	1.3	1.8	0.02
Gender (% male)	90	84	1.00
ICU patients (%)	10	10	0.42

Chart 1. Percentage of therapeutic VAN levels

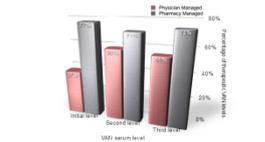


Chart 2. Initial VAN levels

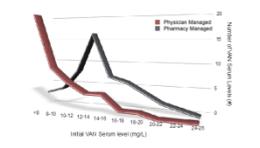
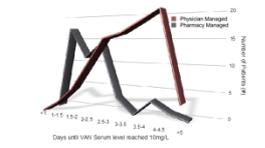


Chart 3. Time to reach a VAN level of ≥ 10 mg/L



RESULTS

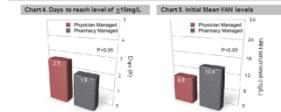


Table 2. Distribution of second VAN levels

	Physician Managed Percentage of VAN levels (%)	Pharmacy Managed Percentage of VAN levels (%)
VAN level 10-20 mg/L	58	71
VAN level <8 mg/L	22	0
VAN level 8-22 mg/L	62	89
VAN level 22-30 mg/L	12	9
VAN level >30 mg/L	0	2
VAN level <0 mg/L	4	0

Table 3. Distribution of third VAN levels

	Physician Managed Percentage of VAN levels (%)	Pharmacy Managed Percentage of VAN levels (%)
VAN level 10-20 mg/L	55	74
VAN level <8 mg/L	0	0
VAN level 8-22 mg/L	81	90
VAN level 22-30 mg/L	3	10
VAN level >30 mg/L	16	0
VAN level <0 mg/L	0	0

Table 4. Percentage of patients never reaching a level of ≥ 10 mg/L

Physician Managed	Pharmacy Managed	P-value
40	0	<0.001

CONCLUSION

- Pharmacy managed VAN therapy resulted in a greater percentage of patients with therapeutic levels. For example, VAN levels within the therapeutic range for initial, second and third measurements were 77%, 71%, 74% for pharmacist managed therapy and 37%, 58%, 55% for the physician managed therapy.
- Pharmacy managed VAN therapy resulted in a shorter time to reach the pre-specified therapeutic range, as median \pm SD number of days to reach therapeutic range was 1.9 ± 0.9 days for the intervention group versus 2.5 ± 2.7 days for the comparator group ($p < 0.05$).
- Pharmacy managed VAN therapy appears to be at least as or more effective in achieving pre-specified therapeutic serum levels when compared to physician dosing of VAN at our institution.

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6. Archer G, Corbett G, Archer G, et al. Evaluation of the efficacy of a pharmacokinetic dosing program in predicting serum vancomycin concentrations in patients with infections. *Antimicrob Agents Chemother* 2001; 45:1155-1160.
7. Archer G, Corbett G, Archer G, et al. Evaluation of the efficacy of a pharmacokinetic dosing program in predicting serum vancomycin concentrations in patients with infections. *Antimicrob Agents Chemother* 2001; 45:1155-1160.
8. Archer G, Corbett G, Archer G, et al. Evaluation of the efficacy of a pharmacokinetic dosing program in predicting serum vancomycin concentrations in patients with infections. *Antimicrob Agents Chemother* 2001; 45:1155-1160.